

Residential Vedanta Spiritual Retreat

by



Swami Yogatmananda

President, Vedanta Society of Providence, RI.



Swami Kripamayananda

President, Vedanta Society of Toronto, Canada.

Theme: *Meditation Techniques*

We will try to learn about spirituality in general and meditation techniques in particular, **based on the Sixth Chapter of Bhagavad Geeta**. All lectures and discussion will be in English.

When: 6:00 p.m. on Thursday, August 2 till 4:00 p.m. on Sunday, August 5, 2018

Where: India Community Center of Rochester, 2171 Monroe Wayne County Line Rd, Macedon, NY 14502.

Accommodations: Dormitory style. Beds will be provided in the cabins and the main building at the ICC.

Meals: Freshly made vegetarian breakfast/lunch/dinner prepared on premises shall be served, including tea/coffee.

Daily Schedule: 6:30 AM – 9:00 PM (daily program details will be furnished at the retreat)

Fees (in USD):

\$125 (For out of town devotees with accommodation and meals)

\$75 (For locals and who do not need accommodation)

Prior registration is required. Visit website: www.vedantaretreatrochester.org or www.omhhsc.org for the registration form.

Contact, for more information:

Tukaram and Mamata Hatwar (585-377-6566); email: thatwar@yahoo.com; Jnana Prasoon: 605-496-7149
Padmanabh Kamath (585-381-1541); Lakshmi Rao (585-442-3552)

Swami Yogatmananda ji: Born in 1953 in Karnataka (India), joined the Ramakrishna Math and Ramakrishna Mission, the worldwide twin religio-philanthropic order established by Swami Vivekananda in 1976. After ten years of service at Nagpur and two years training at the Mission's headquarters (Belur Math, Kolkata) he was ordained as a Sanyasi (Monk) in 1986. He was the editor of the Marathi Monthly Jivan at Nagpur. Was transferred to Shillong, Meghalaya and then to Providence in 2001 where he conducts regular services and classes on the religious scriptures and spiritual retreats. He travels to different parts of the United States and many parts of the World to give classes on Hindu Scriptures and also on comparative religion. For more details, please visit: www.vedantaprov.org

Swami Kripamayananda ji: A monk of the Ramakrishna Order and Head of the Vedanta Society of Toronto, joined the order in 1976 and received final monastic vows in 1986. After joining the Order, he served in the Ramakrishna Vidhyapith as a teacher, housemaster and Superintendent of Hostels, and the Headmaster of the High School run by the Mission. He came to Canada in 2003. Swami has travelled to many major cities in Canada and USA and has conducted spiritual retreats and given talks on subjects related to religion and spirituality. For more details, please visit: www.vedantatoronto.ca